

Relationships

Pupils will learn:



Families and Friendships	Safe Relationships	Respecting Ourselves and Others
• Different types of relationships including friendships, family, romantic and online. • Caring relationships are a feature of positive family life and the different ways people care for one another. • Different family structures include single parents, same sex parents, stepfamilies, blended families & foster parents. We must understand and respect that all of these types can give family members love, stability and security. • The shared characteristics of a healthy family life (regardless of make-up) include commitment, care, spending time together, being there through difficult times. • How to recognise if family relationships are making them feel unhappy or unsafe and how to seek help or advice.	• The impact of bullying both online and offline. The consequences of hurtful behaviour. • Privacy and personal boundaries; what is appropriate in relationships (including online). • How to respond safely and appropriately to unknown adults they may encounter (in person or online). • Personal behaviour can affect other people; to recognise and model respectful behaviour online.	• The importance of self-respect in relation to their own feelings about themselves. Everyone (including them) should expect to be treated politely and with respect by others (online and in person). This applies to within school and wider society. • Strategies to support respectful relationships (manners, honesty, kindness).

Vocabulary

Relationship	Bullying
Family	Respect
Romantic	
Family structure	
Same sex parents	
Blended families	
Consequences	
Boundaries	

Resources

The Big Book of Families

NSPCC Share Aware website

BBC Bitesize Bullying Class Clips

[Premier League Primary Stars Behaviour Relationships – do the Right Thing](#)

Alzheimer's Society Creating a dementia friendly generation Lesson plan and activities

Suggested Activities

Circle Time

Draw a picture of their own family and compile a class gallery.

Discussions about video clips

Story Time

Role Play

Worksheets