

PSHE - Year Six - Autumn Term

Relationships

In this unit we will learn about:



Families and Friendships	Safe Relationships	Respecting Ourselves and Others
- Different types of attraction - emotionally, romantically and sexually. People can be attracted to someone of the same sex or different sex to them. - The difference between gender identity and sexual orientation. - Marriage and civil partnerships are legal declarations of commitment made by two adults who love and care for each other, which are intended to be lifelong. - People who love and care for each other can be in a committed relationship (e.g. marriage) they can be living together but can also live apart.	- How to seek and grant permission in different situations (consent). - How to recognise pressure from others to do something unsafe or that makes them feel uncomfortable and strategies for managing this. - Where to get advice and report concerns if worried about their own or someone else's personal safety (including online) including speaking to trusted adults, online resources and charities.	- How personal behaviour can affect other people - To recognise and model respectful behaviour online. - How to discuss and debate topical issues and respect other peoples points of view. - How to constructively challenge those who we disagree with.

Vocabulary

LBGT	Straight,
Gay,	Lesbian,
Bi-sexual	Gender,
Sexual Orientation	
Identity,	Transgender
Marriage	Commitment
Civil Partnership	
Consent	Pressure
Respect	

Resources

Medway Public Health Lesson 3 (Positive and Healthy Relationships).
 Thinkuknow Play Like Share (website)
 Premier League do the right thing (Film and activities).
 Books – picture books including King and King,
 Music Video – Symphony
 Short clip featuring young trans people talking about their lives.

Suggested Activities

Role Play
 Circle Time
 Debate
 Discuss videos (thinkuknow)
 Case Studies