



Supporting your child's learning in Mathematics Year 1

Ideas for helping your child to develop their mathematical understanding:

☐ Encourage counting to higher numbers:

- playing hide and seek;
- counting out objects;
- counting catches/throws/bounces of a ball;
- using counting to 'time' activities e.g. how far can you run before I count to 100;

☐ Encourage reading numbers (children can find it tricky to know whether 56 is fifty-six or sixty-five):

- Finding the house number when visiting a new place;
- Games that involve numbers such as Snakes and Ladders;
- How many minutes have we watched of this programme?

☐ Encourage calculations in real-life situations:

- How many more ... do we need? e.g. How many more eggs will we need to buy to make the recipe?
- How many will be left e.g. We have a packet of 12 rolls. How many will be left when we have made 8 sandwiches?
- If we share these among the family, how many are we going to get each?

☐ Talk about the measures we use every day:

- Can your child read the time on the hour and half hour?
- Have we got enough time to...? e.g. It's bedtime in half an hour, have we got time to watch Toy Story/read this book/have a bath/make a cake etc. This develops the understanding of the way we mentally plan what we are going to do for the time we have.
- How long do you think it will take us to....? Predict how long it will take to wash the car/change the beds/read the book etc. See how close your prediction is.
- Talk about what time things happen;
- Talk about things that will happen in the future using dates (particularly months);
- Talk about things that happened in the past using months;
- Talk about how you use the calendar/your diary/your phone to record appointments and events.
- Use a calendar to count down how many days/months to a special event;
- Look at the measures on food - ml, l, g, kg;
- Use measures in cooking;
- Talk about measurements when you make them, e.g. length for new curtains; measuring up to see if new furniture will fit;
- Use £ and p to talk about money;
- Can your child say how much each coin is worth?
- Have we got enough money to buy...? Start simply... e.g. the car park will cost £2 I've got three pound coins in my purse, have we got enough?